

Support Groups/Community Education

Prostate Cancer Support Group

Education and support for patients and families affected by prostate cancer.

When: Third Thursday of every other month beginning in January from 6:00 to 8:00 p.m.

Location: St. Joseph's Hospital, Conference Room A

For additional questions, contact Andrea Fell, RN, at 262-334-3451.

Breast Cancer Support Group

Information, support and understanding for women diagnosed with breast cancer and who are undergoing or have completed treatment.

When: Fourth Tuesday of every month from 6:00 to 7:30 p.m.

Location: St. Joseph's Hospital, Lobby Conference Room

For additional questions, contact Gina Wilson, RN, at 262-836-7099.

Stroke Support Group

Information, education, and socialization for stroke survivors, family, and friends.

When: Third Tuesday of every month from 3:00 to 4:00 p.m.

Location: West Bend Clinic South – 1st Floor Conference Room

For additional questions, contact Tina Steddick, PT, at 262-836-7061.

"Living with Cancer" Support Group

Support and education for cancer patients and family members. Co-sponsored by the American Cancer Society.

When: Third Wednesday every month, 7:00 p.m.

Location: The Alyce and Elmore Kraemer Cancer Care Center –
Cancer Care Community Room

1110 Oak Street, West Bend

For additional questions, contact Martina Hartwell, RN, at 262-335-8109.

Cardiac "Hearty Bunch" Meeting

Education and fun for everyone with an interest in understanding heart disease, heart disease prevention and related subjects.

When: Final Tuesday in January, April and October from 7:00 – 8:30 p.m.

Location: Cedar Ridge Apartments, 113 Cedar Ridge Dr., West Bend

For additional questions, contact Maggie Seideman, RN, at 262-306-7007.

Pulmonary Support Group

Emphasis is on maintaining a positive attitude through learning and laughter while dealing with diseases of the lung.

When: Final Wednesday in March, June and September from 4:00 to 5:30 p.m.

Location: St. Joseph's Hospital, Lobby Conference Room

For additional questions, contact Maggie Seideman at 262-306-7007.

Smoking Cessation Discussion Group

Informational discussion of methods and medications that will help in being successful quitting tobacco.

When: First Wednesday of every month from 6:30 to 7:30 p.m.

Location: St. Joseph's Hospital, Conference Room A (*Pre-registration required*)

For additional questions or registration, contact Maggie Seideman at 262-306-7007.

Pregnancy and Infant Loss Support Group

This group is for people who have experienced a pregnancy loss or the loss of an infant.

When: First Thursday of every month from 7:00 to 9:00 p.m.

Location: St. Joseph's Hospital, Lobby Conference Room

For more information, contact the New Life Center, at 262-836-8361.

Sleep Support Groups

Provide information and support for sleep disorders.

AWAKE – Sleep Apnea Syndrome Group

When: Third Tuesday in November, January, March from 7:00 to 8:00 p.m.

Location: St. Joseph's Hospital, Conference Room A

Restless Legs Syndrome Group

When: Third Tuesday in October, February, April at 7:00 to 8:00 p.m.

Location: St. Joseph's Hospital, Conference Room A

For additional questions on either support group contact St. Joseph's Hospital Sleep Center at 262-334-8393.

BreatheFree Asthma Education

Open to children and adults newly diagnosed with asthma and those who need help managing their asthma.

When: Third Thursday of every month from 6:30 to 8:30 p.m.

Location: West Bend Clinic, 1700 W. Paradise Dr. (*Pre-registration required*)

For additional questions and registration, contact the Cardiac & Pulmonary Rehab Dept. at 262-306-7888.

Multiple Myeloma Support Group

Socialization and information for patients and families affected by multiple myeloma, a cancer that affects blood-producing cells in bone marrow.

When: Second Thursday of each month (starting 11/13/2008) from 7:00 to 8:30 p.m.

Location: St. Joseph's Hospital, Conference Room A

For additional questions contact Rob and Sue Enright, at 262-674-1474 or myelomawisconsin@yahoo.com.

Free Sports Injury Assessments

Sports injury assessments by licensed athletic trainer for non-urgent sports related injuries. The assessment allows athletes to check out concerns, learn what may be causing the problem and how to treat it. Call the West Bend Clinic Rehabilitation Center, at 262-306-6319 to make an appointment.

